

ASK US WHERE

You can receive one-on-one rehabilitation to regain your balance.

The Brandywine Hospital Balance Center is a state-of-the-art rehabilitation program in Thorndale with leading-edge technology and specially trained practitioners. The center is designed to treat clients with:

- Acoustic Neuroma
- Benign Paroxysmal Positional Vertigo (BPPV)
- Cervicogenic Dizziness
- Concussion
- Balance Dysfunction
- Labyrinthitis
- Parkinson's Disease
- Stroke
- Vestibular Hypofunction
- Vestibular Neuritis

Our comprehensive program guides you through assessment to treatment with the support from an expert, interdisciplinary team that's focused on you.

In-Depth Assessments

Our goal is to make a quick and accurate assessment in order to begin personalized treatment as soon as possible. We offer:

- **Functional Balance Testing:** Identifies fall risk and includes both standing and walking balance tests
- **Specialized Physician Testing:** Access to our team of neurologists, ENTs and audiologists to further evaluate their balance-related dysfunction
- **Video Infrared Goggle Vestibular Function Testing:** Detects inner ear and central nervous system disorders through the recording of eye movements

Innovative Treatments

Once a treatment plan is in place, we strive to get you back to your quality of life. Our treatments include:

- **Canalith Repositioning Maneuvers:** A series of movements including the Epley, Gufoni and Kim Maneuvers to reposition the crystals within the inner ear

- **Fitness Training:** Exercise to improve strength, endurance and overall health
- **Habituation Exercises:** Retrains the brain to help improve walking and balance to decrease the risk of falls
- **LSVT BIG® Therapy:** A specialized plan for patients with Parkinson's disease and other neurologic conditions

A Team Dedicated to You

Our Program Coordinator Gregory Specca, DPT, received his Doctorate in Physical Therapy from the University of Scranton. He further advanced his training at the Geisinger Vestibular and Balance Center. Supported by an interdisciplinary team comprised of members from audiology, ENT, neurology and physical therapy, you can be sure to receive the most comprehensive rehabilitation at Brandywine Hospital Balance Center.

To schedule an appointment at Brandywine Hospital Balance center, call **610-383-4608**.

Want to find relief from joint pain? Register for a FREE seminar at THOrtho.org.

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