PRACTICE FOCUS/REFERRALS

Liberty Spine Care includes the expertise of Dr. Steven Valentino, a fellowship-trained spine surgeon. Dr. Valentino tries to exhaust non-surgical treatment options for back and neck problems in advance of spine surgery, which can include spinal injections that relieve the symptoms of radiating pain and weakness/numbness without surgery. If surgery is necessary, Dr. Valentino uses a minimally invasive spine surgery approach which involves a smaller incision to help many patients return home the same day. A smaller incision also speeds return to activity with less discomfort during recovery. The spine center has an online spine encyclopedia with information on symptoms and home remedies. The center also provides copies of a 36-page Home Remedy Book to primary care physicians for them to hand out to their patients. Appointments, referrals and second opinions by calling 610-265-5795.

Steven Valentino, DO