

ASK US HOW

Our joint replacement program can get you back in motion, without pain.

When you have convenient access to the most advanced techniques and technologies in orthopedic care, you can get back to the life you love without joint pain. From total hip and knee replacement to sports medicine services and comprehensive spine care, you can be confident that a complete range of the highest quality orthopedic services is within your reach. **Your journey to pain-free living starts here.**

A Dedicated Joint Replacement Unit

Our Orthopedic Center is **Accredited by The Joint Commission National Quality Approval for Hip and Knee Replacement**. Here, you can recover from joint surgery in one of our spacious, private rooms. Our orthopedic nurses, physical therapists, and occupational therapists are specially trained to care for patients with joint replacements. And, our physicians use advanced surgical techniques to increase mobility and reduce your pain.

Patient Education and Preparation

Before your surgery, you'll receive a Hip and Knee Replacement Handbook, so you'll know exactly what to expect before, during, and after joint replacement surgery. For your preoperative education, you'll attend a class taught by physical and occupational therapists, an Orthopedic Clinical Nurse Manager, and a case management team. Each class features a tour of the joint unit upon completion.

A Culture of Wellness and Early Patient Mobility

Our Orthopedic Center encourages wellness and early patient mobility — this means most patients are out of bed and walking the day of surgery. By following standardized pain protocols for each of our patients, we decrease the use of narcotics, increase comfort and mobility, and minimize nausea, allowing

for faster recovery and discharge after overnight stays. A dedicated physician's assistant — who meets with the surgeon daily — will manage your symptoms and monitor clinical progress to improve safety and postoperative recovery. The average length of stay is two days, but many patients are discharged within one day of surgery. To be proactive in preventing readmission, we always make follow-up phone calls within the first week after discharge.

Patient Satisfaction

Our main priority is keeping you happy, healthy, and pain-free. That's why our Orthopedic Center has consistent Top Patient Satisfaction Ratings. And, because we're always striving to provide the highest quality care to our patients, we hold monthly performance improvement team meetings with the multidisciplinary joint replacement team to review performance and identify opportunities to enhance the patient experience.

Community Education

We offer free community education seminars across a variety of topics including hip and knee pain, joint replacement, and more. Nurses and physical therapists lead these seminars and provide joint replacement solutions so you can find relief and rediscover the life you love.

Take the first step to a pain-free life.
Register for a free seminar today. Visit [THOrtho.org](https://www.thortho.org).

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Pottstown Hospital

TOWER HEALTH

Advancing Health. Transforming Lives